**Sample Letter to the Editor**

Dear [EDITOR],

Screens can play a role in the classroom, but all too often children are bored in screen-based educational programs, the learning is superficial, and the supposed benefits of "personalized learning” are elusive. Students, parents, teachers, and taxpayers have been sold a Big Tech bill of goods – while the very creators of these devices and computer programs are enrolling their own children in screen-free schools.

Studies show that more screen time leads to worse school performance – not to mention the troubling evidence of health effects on developing brains and eyes.

It is time to act. We cannot allow our children to be experimented on any longer. Parents, teachers, and health professionals must join together to slow the profit-driven, wholesale insertion of digital technology into our children’s classrooms.